

# LUNCH MENU - WEEK 3

WEEKS COMMENCING: 21 SEPT, 19TH OCT, 16TH NOV

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Soup</b>	Roast Tomato Soup with Cheddar Dumplings	Curried Parsnip & Pear Soup with Mini Onion Bhajis	Spiced Pumpkin Soup	Pappa Pomodoro (Tuscan Bread Soup)	Vegetarian Hot & Sour Soup	Leek, Cheese & Potato Soup	
<b>Bread Rolls</b>	Petit Pain	Brown & White Crusty Rolls	Petit Pain	Brown & White Crusty Rolls	Petit Pain	Brown & White Crusty Rolls	
<b>Main Meat Dish</b>	Chicken Tikka Masala	Lingfield Sausage	Roast Turkey with Pigs in Blankets and Cranberry Sauce	Beef & Mushroom Pie	Battered Pollock or Salmon & Crayfish Pie	Paprika Pork Goulash	
<b>Main Vegetarian Dish</b>	Vegetable Biryani	Quorn Sausage	Goats Cheese & Red Onion Tart	Butternut Squash & Lentil Samb	Broccoli & Stilton Quiche	Stuffed Pepper	
<b>Main Pasta Dish</b>	Garlic Mushroom Penne Gratin	Spaghetti with Prawns & Tomatoes	Pasta Carbonara	Fusilli with Arrabiatta or Creamy Asparagus Sauce	Macaroni Cheese	Tuna Pasta Bake	
<b>Side Dishes</b>	Pilau Rice	Mash Potato	Roast Potatoes	Crushed New Potatoes	Chunky Chips	Spanish Potatoes	
	Sag Aloo	Baked Beans	Brussel Sprouts	Kale	Garden Peas	Roasted Root Vegetables	
	Naan Bread	Sweetcorn	Carrots	Cauliflower		Sugar Snaps	
	Mango Chutney	Gravy					
<b>Salad Bar</b>	A selection of Freshly made Salads	A selection of Freshly made Salads	A selection of Freshly made Salads	A selection of Freshly made Salads	A selection of Freshly made Salads	A selection of Freshly made Salads	
<b>Filled Jackets</b>	Vegetable Chilli	Coronation Chicken	Salmon & Dill Mayonnaise	Cottage Cheese & Chive	Prawn Marie Rose	Spaghetti Hoops	
	Grated Mature Cheddar and Baked Beans	Grated Mature Cheddar and Baked Beans	Grated Mature Cheddar and Baked Beans	Grated Mature Cheddar and Baked Beans	Grated Mature Cheddar and Baked Beans	Grated Mature Cheddar and Baked Beans	
<b>Delicious Desserts</b>	Gluten Free Wimbledon Cake	Rice Pudding and Strawberry Jam	Lemon Tart & Cream	Traditional Fruit Trifle	Apple Pie & Custard	Kiwi & Raspberry Pavlova	
<b>Fruit</b>	A selection of Seasonal Whole & Cut Fruit	A selection of Seasonal Whole & Cut Fruit	A selection of Seasonal Whole & Cut Fruit	A selection of Seasonal Whole & Cut Fruit	A selection of Seasonal Whole & Cut Fruit	A selection of Seasonal Whole & Cut Fruit	

Brunch