

# Autumn Term Menu

WEEK 3

SUPPER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>The Soup Cauldron</b>	Spicy Parsnip	Minestrone	Pumpkin & Parmesan	Roasted Tomato & Pasta	Lemon & Lentil	Mushroom	
<b>Main Station</b>	Mongolian Lamb Stir Fry Or Mongolian Vegan Stir Fry  Noodles  Stir Fried Mixed Peppers & Mange Tout  Pak Choi	Cottage Pie Or Italian Veggie Cottage Pie  Slice Carrots  Pea  Savoy Cabbage	HOUSE NIGHT	Turkey Cordon Bleu Or Savoury Pancake  Boulangere Potatoes  Braised Red Cabbage  Roasted Swede	Smokey Orzo Jambalaya Or Carrot & Courgette Tostadas  Sour Cream & Chive Loaded Skins  ½ BBQ Corn Cob	Rump Steak with a choice of Steak Sauce Or Mushroom & Chickpea Sliders  Chunky Chips  Tomatoes  Onion Rings  Saute Mushrooms  Peas	Roast Pork with Apple Sauce Or Vegetable Wellington  Roast Potatoes  Roast Parsnips  Sliced Carrots  Green Beans  Gravy
<b>Pasta Piazza</b>	Tomato & Pepper Chilli Chicken	Pesto Pasta with Peas and Goats Cheese	Spaghetti Bolognese	Neapolitan Fusilli	Roast Aubergine Tomato & Mozzarella Pasta	Tuna Pasta Bake	
<b>Pots n Tops</b>	Chilli Chicken	Grated Mature Cheddar	Poached Salmon & Dill Mayonnaise	Sweet & Sour Vegetables	Feta & Tomato	Smokey Beans	
<b>The Salad Shack</b>	Coconut Chicken Noodle Salad or Three Tomato Salad	Crayfish and Avocado Salad or Mexican Winter Salad	Celeriac & Ham Hock Salad or Cucumber, Chilli, Beetroot & Ricotta Salad	Melon, Cucumber & Parma Ham Salad or Fig, Pomegranate & Lentil Salad	Smoked Mackerel, Egg, New Potato and Dill Salad or Green Rice Salad	Chicken Salad with Coconut-Ginger Dressing	Selection of Freshly Prepared Salads
<b>Sweet Sensations</b>	Peach Melba Cheesecake	Caramel Meringue Roulade		Pineapple Upside Down & Custard	Ice Cream & Sauces	Black Forest Gateau	Apricot Crumble & Custard

