

Autumn Term Menu

WEEK 2

LUNCH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
The Soup Cauldron	Caramelised Onion	Broccoli & Stilton	Butternut Squash & Sweet Potato	Thai Style Pumpkin & Basil	Cream of Tomato	Moroccan Chickpea & Lentil	BRUNCH
Main Station	Steak & Ale Pie Or Butternut Squash, Spinach & Goats Cheese Pie Saute Potatoes Peas Creamed Sweet Potato & Swede Gravy	Stir Fried Pork with Ginger & Soy Sauce Or Honey, Ginger, Tofu & Veggie Stir Fry Egg Noodles Pak Choi Mixed Peppers & Bean Sprouts	Roast Chicken with Stuffing & Gravy Or Roasted Aubergine Cabbage Rolls Roast Potatoes Sliced Carrots Cheesy Leeks	Traditional Quiche Lorraine Or Asparagus Quiche Spiced Sweet Potatoes Sweetcorn	Battered Cod or Poached Smoked Haddock Or Jollof Rice Chips Peas Baked Beans	Butterflied Sticky Lemon Chicken Or Sticky Lemon Quorn Roast New Potatoes Sugar Snap Peas Roast Mediterranean Vegetables	Sausages & Bacon Fried Eggs Hash Browns Fried Bread Baked Beans Mushrooms
Pasta Piazza	Pasta in a Rich Tomato Sauce	Pesto Pasta	Pasta with Courgette, Bacon & Parmesan	Traditional Lasagne or Vegetable Lasagne	Macaroni Cheese	Penne with Meatballs & Tomato Sauce	
Worth Woks	Chicken Fajitas	Singapore Noodles	Beef in Black Bean Sauce	Thai Green Chicken Curry with Rice	Vegan Enchiladas		
Pots n Tops	Tuna Mayonnaise	Cowboy Beans	Cottage Cheese & Chive	Chicken Tikka	Creamy Coleslaw	Ratatouille	
The Salad Shack	Chicken Caesar	Egg Mayonnaise	BLT Bowl	Asian Salmon	Tuna Nicoise	Sunshine Salad	
Sweet Sensations	Vanilla Rice Pudding with a Lemon Coulis	Chocolate New York Cheesecake	Apple Crumble & Custard	Blackberry & Lime Cream Puffs	Chocolate Brownie & Chocolate Sauce	Peaches & Cream	Selection of Pastries

